

each occupational therapists give professional advice and support to people needing help with their daily living activities in the home and in the general community.

This service is available to people and their carers who might be experiencing difficulty due to illness, disability or the effects of aging.

The person and/or carer works with the occupational therapist to identify problems. The aim is always to maximise the person's well-being, independence and quality of life.

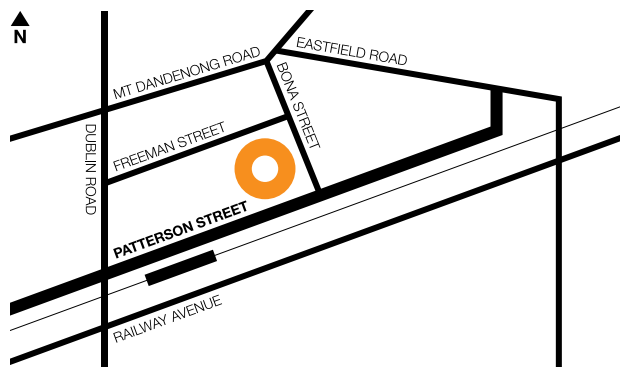
parking

Limited parking is available at the back of Maroondah Social and Community Health Centre via Freeman Street. Street parking is available in the surrounding streets but it is limited to two hours.

The Patterson Street entrance has a circular driveway for drop off and pick up. Parking bays for the disabled are also available and are located adjacent to the main entrance.

each allied health services

75 patterson street
ringwood east 3135 vic
t 9837 3999
info@each.com.au



This service is supported by financial assistance from the Australian and Victorian Governments.

each
partners in building healthy communities

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each occupational therapy



An occupational therapist can help if someone is having difficulty with daily activities such as managing self care, managing at home and/or recreation and leisure activities.

These activities could include:

Managing Self-Care

- showering or bathing
- dressing and grooming
- eating and drinking
- toileting

Managing at Home

- meal preparation
- shopping
- cleaning
- toileting

Recreation and Leisure

- participating in social activities
- hobbies and interests
- community access

what we do

An occupational therapist works with people to:

- assess and modify the home environment to improve independence and safety
- provide advice about appropriate aids and equipment including:
 - wheelchairs and scooters
 - hoists
 - personal alarms
 - vehicle modifications
 - pressure care equipment
 - dressing aids
- provide advice and information about community resources and supports
- adapt to changes that have occurred due to chronic illness or aging.

assessments

Assessments are usually completed in people's homes.



group programs

EACH occupational therapists offer the following group programs:

- Relaxation
- Falls Prevention
- Carer Support

eligibility

Priority is always given to people who are most in need and experiencing disadvantage.

People can refer themselves or be referred by family, friends, carers, GPs, hospital or other health professionals.

Contact the Intake Worker on **9837 3999** for information about eligibility or to make a referral.

fees

Fees are based on income level and ability to pay. Currently, the fees are:

- \$8.00 for Health Care Card/Pension Card holders or people on low incomes
- \$12.00 for people on medium level incomes.

Fees are charged in line with the Department of Human Services recommendations.

People experiencing difficulty with the fee payment are encouraged to discuss this with staff.

Group activities also incur fees.