

65 +

Assisting people to connect with their community

65+ offers home-based support and group programs for people 65 years of age and older who have mental health issues or a psychiatric disability.

The programs increase people's skills and confidence to access community health and social services.



The 65+ program

9 Greenwood Avenue
(opposite Federation Estate)
Ringwood, 3134
Melway 49 H9
☎ **9879 4699**
lifeworks@each.com.au

Ringwood Station is 300 metres away. The 270, 304, 364-7, 665, 670 and 679 bus routes all go to Ringwood Station.

65 + Psychiatric Disability Rehabilitation and Support Service



65 +

Home-based support

The support provided is appropriate to each individual's needs and can include:

- information, advice and advocacy
- referral to and liaison with specialist services such as therapists, case managers, doctors and government agencies
- linking in with local community services such as social groups, day programs, and neighbourhood houses
- assistance in developing independent living and coping skills like managing a budget, using public transport, and planning to meet day-to-day challenges
- emotional support and practical assistance

Who can apply?

People 65 years of age and older who have been diagnosed with a mental illness and:

- ▶ need support due to their psychiatric disability
- ▶ live in the cities of Knox, Maroondah, or adjoining areas of Yarra Ranges
- ▶ are willing to work at developing their independent living skills
- ▶ want to make their lives better by developing their social networks

Who can refer?

Self, family, friends, clinicians, agencies and organisations in consultation with the applicant.



Further information

Lifeworks 65+

9 Greenwood Avenue
Ringwood
VIC, 3134

t (03) 9879 4699

f (03) 9879 5199

e lifeworks@each.com.au

w www.each.com.au/lifeworks

We're open

Monday to Friday, 9 am till 5 pm