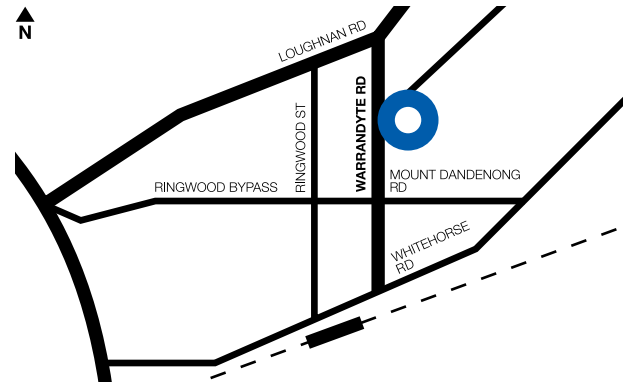


each youth & family

provides assistance to young people who experience risks to their health and wellbeing, and disconnection from family and community relationships.

Services are provided to children, young people, parents and carers. These often take the form of individual counselling, family counselling, therapeutic groups, or community development activities.

The each youth & family team is based at the each main office in Ringwood and provides services to the outer eastern region of Melbourne.



For further information contact:

early intervention and counselling

t 9871 1800

gp youth clinic

t 9871 1800

footholds to the future

t 9871 1800

reconnect wilderness

t 9877 4788

youth homeless outreach team

t 9871 1800

each

partners in building healthy communities

main office

46 warrandyte road ringwood 3134 vic

t 03 9871 1800 **f** 03 9870 4688

info@each.com.au **each.com.au**

each youth & family



early intervention and counselling

The **early intervention and counselling team** helps children, young people and their families through individual, family and group support, counselling, and mediation. The team works in collaboration with local schools as a key site of early intervention.

These services are especially targeted to young people who are experiencing or at risk of homelessness, and those who are experiencing problems related to family conflict, changes in family structure, or other disengagement from family and/or community.

youth clinic

youth clinic is a free, friendly and confidential health service for young people aged 12 to 25 years. Young people can see a nurse or doctor about a broad range of health-related issues, included general health concerns, sexual health, feeling down or just not feeling good, without knowing why.

youth clinic operates on Tuesday (2-5.30pm), Thursday (3-5.30pm) and every second Friday (2-4pm). Appointments can be drop in or made in advance.

For more information call (03) 9871 1800.

reconnect wilderness

reconnect wilderness is a statewide program that provides a wilderness experience for young people who are at risk of homelessness and who are experiencing family difficulties.

The wilderness experience provides a catalyst for change and self-reflection for young people aged 14-18. Individual wilderness journeys are designed and run in conjunction with another agency that is already engaged in providing support to the young people. Holistic support and follow-up for young people and their families is provided in order to capitalize on the wilderness experience.

For more information call (03) 9877 4788.

youth development in the city of whitehorse

each youth and family has a commitment to fostering young leaders in the City of Whitehorse. Our youth development worker supports young people in schools, and helps young people develop skills, self awareness and positive social connections through individual and group activities.

For more information call (03) 9877 4788.

footholds to the future

footholds gives young people at the edge of the community the chance to make links with and connect to their local community through a range of activities. **footholds** operates within a strong framework of youth participation, with young people actively influencing the content and direction of the program.

For more information call (03) 9871 1800.

youth homeless outreach team (yhot)

yhot is a collaborative team comprising of a representative from **each**, **camhs** and **ecasa**.

yhot brings together skills and experience in the areas of general health, mental health and sexual assault with the aim of supporting the homeless sector through education, consultation and some direct service delivery.

For more information call (03) 9871 1800.

