

footholds to the future



Feeling a bit out of the loop?

Looking for some support?

Want to find opportunities to meet other young people or look at new possibilities?

footholds is for young people aged 15 to 25 who are looking for opportunities to connect with others and to explore options including study, employment and group programs.

footholds is a **youth and family** team program at **each** social and community health.

Groups Group programs are available throughout the year.

Contact Jacqui Cousins for referrals or more information on 9871 2638 or 0400 118 275

each
social and community health

head office
46 warrandyte road ringwood 3134 vic
t 03 9871 1800 f 03 9870 4688
info@each.com.au **each.com.au**

