

girls with attitude yarra ranges



Want to learn some new ways to discover yourself?

Girls with Attitude is a program for young women experiencing difficulties dealing with their emotions, struggling with significant relationships and many other issues.

The program runs for four days over four weeks and covers topics such as; communication, feelings and emotions, self esteem and confidence, assertiveness, strategies for getting past anger, and relationship building.

A parent forum after the final session is also an important element of the program.

Who	Young women aged 13-16
Where	Yarra Ranges Youth Services, 216-218 Maroondah Hwy, Lilydale.
When	Tuesdays
	Term 1: March 15th - April 13th
	Term 2: June 7th - June 28th
	Term 3: Nov 8th - Nov 29th
Time	9:00am - 2:00pm
Cost	No charge
RSVP	Please call the Youth and Family Intake Worker on 9871 1800 for referrals.

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