

# LIFEWORKS - DECEMBER 2011

9 Greenwood Avenue  
Ringwood 3134  
9879 4699

Mon	Tue	Wed	Thu	Fri
<p>Greetings and Happy Holidays to All</p>  <p><b>MERRY CHRISTMAS EVERYONE</b></p>			<p>1</p> <p>11:00 <b>My Trainer</b> </p> <p>12:00 <b>Leisure Walk</b>— The Dandenongs, Sassafras (Must bring - drink &amp; hat)</p> <p>1:30—3:30 <b>Project Art C &amp; C</b></p>	<p>2</p> <p>10:00 - 12.00 <b>ART</b> </p> <p>10.00 -12.00 <b>Christmas craft \$3</b></p> <p>12:00—1.30 <b>Drop In</b></p> <p>12.00—12.30 <i>Band Set Up</i></p> <p>12.30 - 3.00 <b>Band Rehearsal</b></p>
<p>5</p> <p>11:00 <b>Men's/Women's Christmas Tree' Decorating</b> Decorations appreciated, Thank you ! </p> <p>2.30 <b>Bowling—\$6.00</b></p>	<p>6 <b>Last day - X'mas Party Payment</b> Must Pay In Full @ \$ 7.00 Per Head</p> <p>10:00 <b>Easy Walk @ Lilydale Lake</b> with Mike (Must bring - drink &amp; hat)</p> <p>10.00 <b>65+ Christmas Party</b> at Morning Melodies \$ 15</p> <p>2.30—4.00 <b>Songwriting &amp; Poetry</b></p>	<p>7 <b>Client Christmas PARTY PAYMENT</b> due in full @\$7 per head (before 10.30am)</p> <p><b>Staff Christmas Party</b></p>	<p>8</p> <p>11:00 <b>My Trainer</b> </p> <p>12.00 <b>Leisure Walk - St. Kilda</b> (Must bring - drink &amp; hat)</p> <p>1:30—3.30 <b>Project Art Cards &amp; Calendars</b></p>	<p>9</p> <p>10:00 - 12:00 <b>ART</b></p> <p>11.00—Meals on Wheels</p> <p>12:00 -1:30 <b>Drop In</b></p> <p>12.00- 12.30 <i>Band Set Up</i></p> <p>12.30- 3:00 <b>Band Rehearsal</b> </p>
<p>12</p> <p>12.00—3.00</p> <p>Participants / Clients</p> <p><b>Christmas Party</b></p> 	<p>13</p> <p>10:00 <b>Bushwalk- Warburton Trail</b> Rating: Easy (Paul) (Must bring - drink &amp; hat)</p> <p>11:15 <b>Mind, Body, Spirit / Jung</b></p> <p>2.30—4.00 <b>Songwriting &amp; Poetry</b> The last program for this year.</p>	<p>14</p> <p>Appointments Only</p> 	<p>15</p> <p>11:00 <b>My Trainer</b></p> <p>12:00 <b>Leisure Walk - Botanical Gardens</b> (Must bring - drink &amp; hat)</p> <p>1.30—3.30 <b>Project Art Cards &amp; Calendars</b></p>	<p>16</p> <p>10:00 - 12:00 <b>ART</b></p> <p>12:00 - 1:30 <b>Drop In</b></p> <p>12.00 - 12.30 <i>Band set up</i></p> <p>12.30—3.00 <b>Band Rehearsal</b> <i>Last for the year. Back in Feb. 2012</i></p>
<p>19</p> <p>11.30 <b>Women's Group Food Star Xmas Lunch \$14.50</b></p> <p>10:30 <b>Men's Group (In-House) Lunch \$3</b></p> <p>2.30 <b>Bowling—\$6</b></p> 	<p>20</p> <p>11:00 <b>Participants Meeting</b> (Discuss next year with Chris &amp; Mike) </p> <p>12:30—3.00 <b>Warrantdyte</b> Walk / Shop / Coffee</p>	<p>21</p> <p>Appointments Only</p> 	<p>22</p> <p>11:00 <b>My Trainer</b></p> <p>12:00 <b>Leisure Walk - Dandenong</b> (Must bring - drink &amp; hat)</p> <p>1.30—3.30 <b>Project Art Cards &amp; Calendars</b> </p>	<p>23 Half Day Program only. 10.00— 12.00</p> <p><b>ART / Drop In</b></p> <p><b>PLEASE NOTE!</b></p> <p><b>Lifeworks will close at 12.30pm.</b></p> 
<p>26</p> <p><b>BOXING DAY PUBLIC HOLIDAY</b></p>	<p>27</p>  <p><b>PUBLIC HOLIDAY</b></p>	<p>28</p> <p>Appointments Only</p> 	<p>29</p> <p>1.00—3.00</p> <p><b>Art - Enjoy an afternoon of creativity</b> </p>	<p>30 Please Note :</p> <p><b>10.00 -12.00 pm. Lifeworks Art</b></p> <p><b>1.30— 3.00pm. ART at Halcyon</b> </p>