

The **RIVENDELL** Community **PROGRAM**



DECEMBER 2010



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Ten Pin Bowling

Every second Tuesday of the month

1.30 – 4.30

Gold Coin Donation

This month's date is the 14th, where we will take a bus load of people down to Boronia for a bowl. If you are interested in coming along, see your Worker.



Women's Group

Dandenong Market

Tuesday 7th December

9 30 am – 4 pm

*Joint outing with men's group to Dandenong Market for pre Christmas shopping, bargain hunting and lunch. **BYO** sun hat, water bottle, lunch and money to spend.*

Christmas Cake Cooking

Tuesday 14th December

1 - 4 pm

Come and join in the ritual of making a traditional Christmas Cake for the Rivendell Christmas Party. All hands and cake making wisdom welcomed

Tuesday 21st December

No Women's group this week as staff preparing for the Christmas party.

Tune into 3CR Community Radio
Wednesdays at 5pm for
Melbourne's best radio show giving
voice to people with mental illness,
1 in 5 have a mental illness ... but 5
in 5 can enjoy this great program
featuring heart warming stories,
great information - and some laughs
as well! Find us at 3CR – 855AM
on your dial. Sponsored by Mental
Illness Fellowship Victoria.

Adam's Departure

To all those that I've not had a chance to
speak to personally, I would just like to let
you all know that the time has come for me to
move on. As most of you would be aware my
position here has been temporary, filling in for
Marimba, and the opportunity has come up for
me to move into a permanent position with
CREST. This is a good opportunity for me to
move on in my career and still stay with
EACH.

I would like everyone to know that I have
truly enjoyed my time here at Rivendell and
that it has been both a pleasure and a privilege
to work with you all. I'm not leaving town so
you may still see me around the traps from
time to time. I wish you all the best for the
future.

Cheers

Adam Dixon

Came, Looked Around, and Went again....

This month we say farewell to Adam who
is off to greener pastures in groovy old
Ringwood to work for another EACH
service. We all wish him well in his career.

Another departure from Rivendell is
April, who has moved to take up an EACH
position in sunny Knox. We will miss April.
It seems that Rivendell is a springboard
to the world. Sadly for us, Marimba will
not be returning from maternity leave as
expected in March because it is too much
to contemplate with two little ones. Any
person who is interested in being on the
interview panel for the vacant Support
Worker position (likely to be early
January), please let Merran know.

Another person who came, stayed around
for a long time but went...is Shirley. The
news is that Shirley will be retiring in
December and we send her our wishes for
an immensely satisfying and richly
deserved retirement.

Looked, Went and Came back....

Niki is back to help out on Thursdays and
Fridays until Adam's position is replaced.
It is great to have Niki's cheerfulness
and energy around. Also came back this
month is Merran, who despite all, had a
great year off and is happy to be back.

A Recovery Program

After a lot of staff changes and
instability in the last couple of
years we are looking forward to
overhauling everything and
looking hard at the whole program.
We want your input to make the
program what you, the participants
need. After all, the funding we get
for this service is for YOU and we
want to work with you to ensure
the best recovery opportunities for
everyone.



MENS GROUP

**Friday December 10th.
10.00am till 3.00**

**Men's Group Visit to see Justin
Purser
BLACK SMITH
And his mother Maureen Purser
POTTER**

**This should be a very
interesting outing to their home
and work shops**

**There is no cost involved.
Please advise Mitch if you are
going.**

**BYO Lunch or \$\$\$ so you
purchase some lunch.**

Healesville Community Labyrinth Project

This project was started at Rivendell nearly 4 years ago, and to date has been just a blurry concept in our imaginations. But now, it is just about to be for real! The Shire has appointed contractors who will undertake the building of the labyrinth and the parkland around it and work started this week! So far they have erected the safety fence and now it is raining hard. Let's hope the rain holds off and they can make good progress. Later on we will be needing Rivendell participants to help with the erection of the community tile panels as well as planting. It is expected to be finished by March, and we will have an opening festival/celebration on March 19. **Merran is interested in talking to anyone who would like to help on the group organising the opening celebration. There are no particular skills required, just an interest in creating a wonderful community event.** The labyrinth will be a beautiful space where people can reflect, rest and revive, within a park setting for community gathering. A reminder for all of us to take care of ourselves, and mind our mental health.

Xmas Party Preparations.

Tuesday 21st December

12.00 till 4.00

We need only "dedicated" helpers to show up and assist with the preparations for the participant Xmas party.

Yarra Valley Arts Council Summer School

Lots of wonderful activities are on offer again – music, singing, watercolour wildlife, felted jewellery, crochet, ukulele, (and for those who requested it at the last Planning Day, Digital Photography). These are among the 20 or so workshops that will be available during the week starting Monday 10 January. There is a cost involved, but we are able to subsidize the fees. Please speak to your worker if you are interested.



Art at Rivendell

Art will be Christmassy for the two sessions that are remaining for this year. Come along and join Andrea with Christmas card making, gifts and ornaments. Andrea will be taking holidays and will be back in late January.



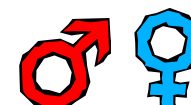
Rivendell Xmas Party

Wednesday 22nd December

5.00pm till 9.00pm

Genuine helpers may attend from 3.00pm and if you show up you will be given tasks to do.

This is the biggest event in the Rivendell calendar and always a huge and fun event. Get your vocal cords ready to blast out a song or two on the Karaoke Machine. Your family and closest friends are welcome but you must book them in so we know how many are coming for catering.



Women's Group and Men's Group Joint Outing to Dandenong Market

Tuesday 7th December

9.30am departure 4.00pm return.

Christmas Shopping Opportunity at Dandenong Market.

Bring your shopping bags and your spending money and pick up a bargain at the newly revamped market.

If it's hot, bring a hat. If it's wet, bring a coat.