

# the brady bunch

are they for real?



Brady Bunch is a 4 week course for repartnered couples with children. The focus is on understanding what helps relationships work well and dealing with circumstances that present challenges to the repartnered family. The course includes presentations, discussion and support.

- WEEK 1** **The brady bunch – are they for real?**  
Exploring the myths. Looking at the adjustment period.
- WEEK 2** **The emotional rollercoaster**  
Dealing with feelings. Handling stress.
- WEEK 3** **Creating peaceful families**  
Communication. Solving problems peacefully. Encouraging co-operation. Living with circumstances beyond your control
- WEEK 4** **The brady bunch – a new beginning**  
New roles. New identities. Personal boundaries. Creating new family rituals.

**Facilitated by Grace Tink and Carmel Sparkes**

**each**  
social and community health

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<b>When</b>	Held on Wednesdays
<b>Term 1</b>	16th Mar - 6th Apr Lifeworks 9 Greenwood Ave Ringwood
<b>Term 2</b>	8th - 29th June Yarra Ranges Youth Services 216 - 218 Maroondah Hwy Lilydale
<b>Term 3</b>	31st Aug - 21st Sept Lifeworks 9 Greenwood Ave Ringwood
<b>Term 4</b>	9th - 30th Nov Knox (TBC)
<b>Time</b>	7.15 - 9.30pm
<b>Cost</b>	\$20 per couple You must attend as a couple
<b>Contact</b>	<b>each early intervention and counselling</b> team on 9871 1800 for bookings and enquiries.  Limited places available

