

community inclusion and support services (ciss) is a division of each.

We provide services in people's homes or within the community throughout the Eastern Metropolitan Region of Melbourne including the Shire of Yarra Ranges.

If people would like help getting ready for their day, doing their shopping, taking a break from family, joining in with the community and staying in touch – community inclusion and support services can help.

what we do

- Encourage everyone we support to reach their full potential;
- Empower people to live fulfilling lives and to become fully included in their community;
- Celebrate the worth and contributions of each individual; and
- Strengthen opportunities to educate and engage the local community about health and community services.

We deliver many services, including home and/or community based social or skill development, personal care, recreation and leisure activities, self-advocacy and educational options. Our volunteers and staff provide support and assistance to undertake these activities throughout various times of the day.

how do I become a volunteer?

Contact the **pathways** coordinator at **community inclusion and support services (ciss)**.

ciss

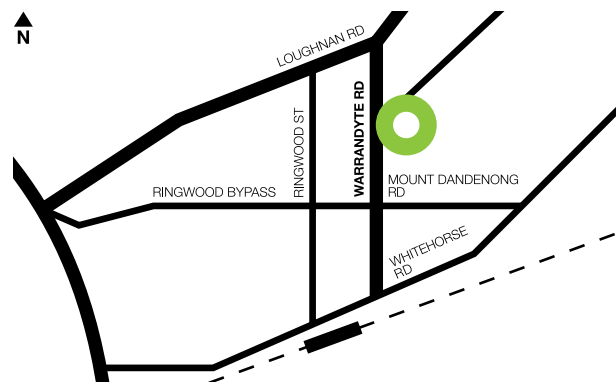
46 warrandyte road ringwood 3134 vic
t 9871 1850 f 9876 0100
e info@each.com.au

Facebook Details:

Visit our website for a link to join **each – community inclusion & support services** on facebook.

Bus routes 270, 271, 304 and 366 take you straight past **each** in Warrandyte Road.

Bus routes to Ringwood Station include: 365, 367, 670, 679 and 901.



each

partners in building healthy communities

main office

46 warrandyte road ringwood 3134 vic
t 03 9871 1800 f 03 9870 4688
info@each.com.au each.com.au

pathways

volunteering at each - community inclusion and support services



who are we?

pathways is a volunteer initiative supporting the community inclusion & support services (ciss) division of each.

ciss provides support and assistance to:

- People living with a disability;
- People experiencing mental health issues;
- People with complex care needs including dual disabilities, substance use, justice issues and homelessness;
- People dealing with the everyday effects of getting older and feeling isolated; and
- Carers and family members.

We provide high quality individualised services that enhance independence and choice and strengthen community engagement.

my life, my way, each day!

Tell us how you would like to live your life and we will support you, to make it happen!

why volunteer?

Volunteering provides opportunities to:

- Meet new people and to develop friendships;
- Learn new skills;
- Share your knowledge and interests with others;
- Assist others within your the local community;
- Build your confidence and self-esteem;
- Be involved in group activities eg. computer programs, art groups, sporting activities;
- Create a potential pathway to employment, and
- Become part of a friendly team of peers.

can I become a volunteer?

If you have been out of the workforce for a while, are studying and looking for some experience, or just have some time available to contribute to the lives of others, then Pathways could be for you.

Pathways wants volunteers who understand that everyone is different and equally important and who will to work together to make a real difference.

who can volunteer

- Men and women of any age group;
- People with or without experience working with people who have a disability; and
- People interested in making a real and positive contribution to the lives of others.

opportunities for our volunteers

Our work at CISS encompasses a very broad range of services that gives volunteers an opportunity to learn and practice many of the skills required throughout life. Volunteering provides a chance to explore the community services sector and make a real and positive contribution to the lives of people, while developing your skills and enhancing your work experience.

Our services operate 24 hours a day, seven days a week, so we require people who are flexible and looking to volunteer some of their time.

Support is provided to volunteers by trained staff.

