



# SMART GENERATION

A project of Communities that Care Knox

Report, 2019

# Background

St Josephs College have been collaborating with Communities that Care Knox to implement the Smart Generation Year 9 peer program since 2015.

The college have evolved Smart Generation to become one of their signature programs for the Year 9 curriculum, engaging and empowering their students to educate their peers and their families. The structure of their program includes:

- Establishing a **Smart Generation committee**
- Delivering the **Smart Generation education** content to the Year 9 students (approx. 200 students )
- Planning and presenting a **Smart Generation Parent event**





Creating the Smart Generation Committee at St Josephs College, 2019

# 2019 Smart Generation committee at St Josephs College

The St Josephs Smart Generation committee is established using the college's student leadership model as well as nominations from students.

In 2019 Communities that Care Knox created an opportunity for the Smart Generation (SG) program to include personal development component to support the students nominating for the SG committee.

Sport and Life Training (SALT) were engaged to work with the SG committee, preparing them for their role in facilitating the Smart Generation program to their peers.

SALT facilitated their Teamwork and Interdependence program to the 14 students.

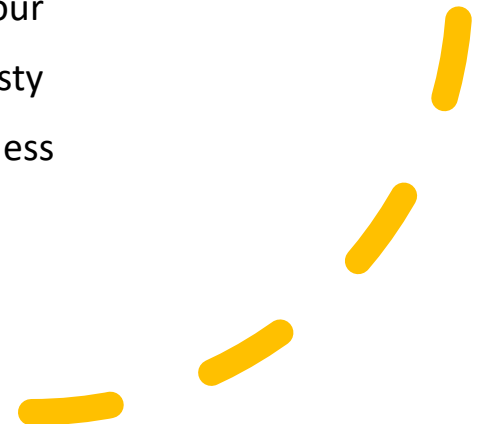
Through the training the students identified what attributes would support their task and build confidence in their role as peer educators:

## **Most important core values for Year 9**

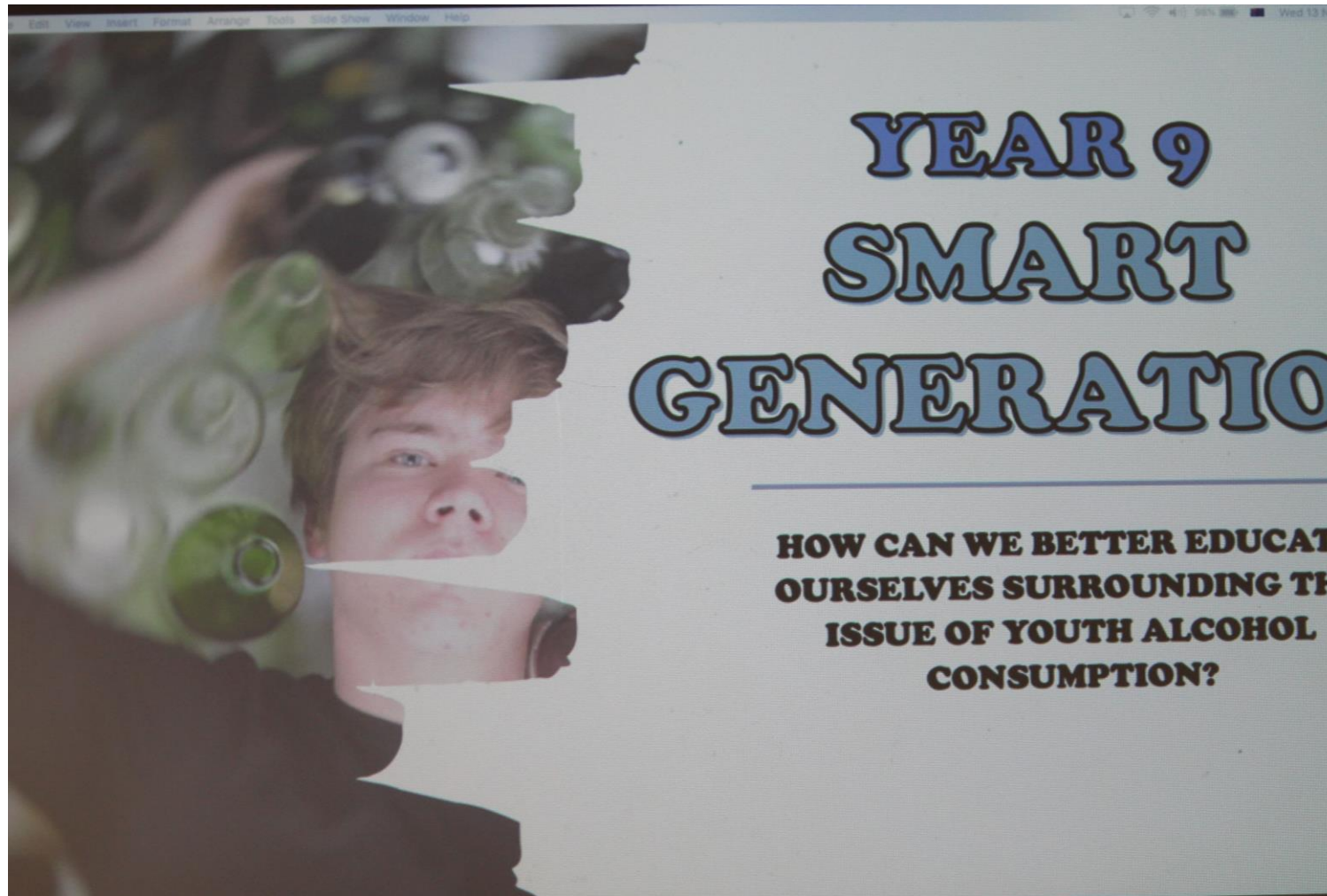
Respect  
Integrity  
Positivity  
Responsibility  
Selflessness

## **Top 5-character strengths**

Leadership  
Teamwork  
Humour  
Honesty  
Kindness







## Peer education

### Key Tasks achieved:

The SG committee delivered Smart Generation content to 200 Year 9 students

The students designed key messages and images to support the education process

The SG Committee created a mini documentary – interviewing their peers about the challenges for young people regarding alcohol consumption in the social context

# Smart Generation Parent event

55 parents attended

Guest presenter – Dave Burt, SALT

The students hosted the parent event, facilitating an education presentation and fun games to illustrate key messages, supported the guest speaker and launched their documentary.

As a result of attending the parent event:

- 96% of parents agreed or strongly agreed that **they are more likely to talk to their child about alcohol**
- All parents agreed or strongly agreed that **they were more likely to set a rule not to provide alcohol use in their home for anyone under the age of 18**
- 70% of parents agreed or strongly agreed with the statement "**alcohol is harmful to brain development before the age of 18**"
- 95% of parents agreed or strongly agreed with the statement that '**the safest option for young people is to delay drinking alcohol until 18**'







## Smart Generation

click here for more insights  
[https://youtu.be/yhus0t\\_s4as](https://youtu.be/yhus0t_s4as)

- Catering provided by St Josephs College Year 9 teachers and students
- Woodfired Pizza and non- alcoholic beverages