

Family Relationship Support for Carers (FRSC)

A statewide service providing counselling, mediation and future planning support for families caring for someone with a disability.

For more information, contact us

☎ 1300 303 346

☎ 9870 9135

✉ frsc@each.com.au

health . hope . opportunity

Contact Us

Family Relationship Support for Carers (FRSC)

18 Bond Street, Ringwood

☎ 1300 303 346

☎ 9870 9135

✉ frsc@each.com.au



FRSC is a Victorian Statewide Family Support Program funded by the Australian Government.

EACH

20 Melbourne Street, Ringwood

☎ 1300 003 224

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🌐 each.com.au

FAMILY RELATIONSHIP SUPPORT FOR CARERS



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Eligibility

We support family members caring for someone with any of the following diagnosed disabilities:

- Intellectual
- Physical
- Neurological
- Autism spectrum disorder
- Acquired brain injury
- Mental illness
- Sensory

There is no cost for these services.

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A state wide service for Victoria supporting families caring for someone with a disability

Counselling Services

FRSC provides short term counselling assisting families to:

Discuss concerns and strengthen family relationships through a set number of counselling sessions provided by counsellors who are experienced in the field of disability.

Resolve conflicts which may arise within the family, with the assistance of an accredited mediator.

**Access to interpreters
available if needed.**

Acknowledgment

EACH is committed to social justice, promotion of health and well being for all in the community.

We acknowledge with deep sorrow the past injustices, mistreatment, and the failure to understand, respect and value the cultural beliefs of Aboriginal and Torres Strait Islander people.

Respect and dignity are rights of all people.

We seek the assistance of all Aboriginal elders and community members to work together towards developing an understanding of the cultural backgrounds, needs and the aspirations of Aboriginal Communities.

Community Education

Sometimes families may not know where to start, or what services may be available to them.

Group Forums

Group forums provide peer support to address difficult issues that carers and families may be facing. These forums are tailored to enhance family relationships, self care and coping strategies for carers and families, enabling them to continue their caring role. Group education also provides information and opportunities to link in with other services in the community.

Plan for the future of their family member with a disability.

This includes provision of resource information, including community forums on topics such as Wills, Trusts, Powers of Attorney, and Estate Planning.