WILD

Wilderness Intervention for Life Development

EACH has been providing quality social and community based services for over 30 years.

The EACH WILD program supports participants to develop healthy relationships with self, others and the natural environment, making positive changes through adventure therapy.

What does this service offer?

EACH WILD offers a specialised intervention for young people, adults and families. We see ourselves as a resource as well as a partner. The partnership is extremely important as teamwork is vital in the coordinating aspects of the program and when the program finishes, the partnering agency is able to maintain continued support for participants.

WILD programs offer participants the opportunity to learn through doing and through the process of reflecting on what they have done. It is of a non-directive nature where the participants are encouraged to develop their own responses to the challenges and stresses of the bush experience, whilst having the support from experienced and qualified staff. Programs are tailored to meet the particular needs of an already organised or newly identified group and participants are afforded the freedom to develop a new capacity for decision making, improve self-esteem and self-worth, build positive connections with peers and staff, and build a positive relationship with the natural world.

There are three different types of programs that we offer: WILD Journeys, WILD Days and WILD Experiences
WILD Journey Program

The WILD Journey Program is fully funded by Reconnect, a government funding initiative to support young people who have been identified as being at risk of disconnection from home, school or family. The WILD program is an early intervention program that works alongside agencies, families and within communities to support participants at risk of disconnection.

The program has three phases:

1) **Pre phase** – This phase consists of program planning with the partnering agency, interviewing referrals, introductory group activity days and parent information session. It provides us with a good understanding of how to tailor the program to meet the needs and circumstances of the individual and the group.

2) **Delivery phase** – This is where the participants learn fundamental activity skills (paddling, navigation, etc.) and begin to build a positive working community by undertaking a variety of outdoor adventure based activities and having opportunities to try new things, take control of decisions, and achieve things they didn’t think were possible. These weekly day activities gradually increases in challenge, culminating in a 7-10 day journey. The focus of this phase is on good routines, healthy rhythms, sharing stories that tell of your past and creating new ones by reflecting the achievements and strengths in themselves and in each other.

3) **Post Phase** – This phase focuses on unpacking the experiences of the journey and program so far; reflecting on the learnings from all phases of the program and linking the young people into relevant support networks.
WILD Day Program

EACH WILD offers an opportunity for participants to experience the outdoors in all its glory! We run wilderness activities from canoeing to abseiling and everything in between, to give people the chance to challenge themselves, push their boundaries, have fun, build community and share amazing experiences with new friends.

The “WILD Day” program can be tailored to meet the needs of the participants, and aims to provide exciting and challenging activities within a safe and supportive environment. We provide the blank canvas for participants to be able to paint their own picture of themselves and what the potential for positive change might look like.

Most programs will run one day a week, for approximately 8 weeks depending on the group and their needs. It is a fee for service program and enquiries are welcome to discuss possibilities. If you think you have a group of 4-10 participants and this would be something which would support your service and your client’s own personal journey of growth, please contact one of the friendly WILD team members to find out more about the program.
WILD Experiences

This is a great opportunity for your group program, agency, organisation, school or staff team to take part in value-adding activities to enhance targeted outcomes. Working as a team to tackle challenging adventure activities in both indoor and outdoor environments, in a fun and supportive setting.

This WILD Experience can be tailored to the objectives, time frame and budget, with an overall aim to improve team performance, celebrate success together and create or enhance your community’s culture.

If this is something you think would be of benefit for your program or team, Please contact one of our friendly WILD team members directly with your requirements and send a proposal for your approval.

If any of the above programs interest you, please contact the WILD team to discuss our program in more detail and how they can be tailored to meet your program needs, costs (and eligibility for funding) and the referral process.

Contact details

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