

SMS Tips for Deadly Dads



SMS4dads sends short texts with tips, info and links to your phone just when you and your baby need it

SIGN UP here

SMS4dads.com





Hey Dad, it's me

- Although it's noisy in here, I will be able to hear your voice from about 20 weeks. Try telling me about the things we will do together.
- Right now my brain is really flat out making connections for all sorts of things. Pretty soon I'll be trying to get my head steady so I can really look at your face.
- I want to figure out exactly who you are, and I want to watch how you look to see if you're happy or sad or growlie.
- I listen to you too. Cause I want a real good bond with you. That'll set me up for life. You seem to be doing a lot, and you might think I'm not much help.
- If you watch me and talk to me while we do stuff, that feels good to me and it feels good for you too, I see it in your eyes.
- We are on the same team here. You're the one I'm looking for to fall in love with me. I'm really stoked on you. We're a team.



It's simple & free

NA

JOIN UP

SMS4dads.com

It's easy...

You sign up online by entering your mobile number and your baby's due or actual date of birth

It's regular...

You get 3 short texts per week to your mobile

It's useful...

You get tips, information and links to other services

What are the SMS messages about?

They help you understand and connect with your baby They support you to co-parent with your partner

They remind you to look after yourself

What dads have said about SMS4dads

"Our baby arrived in the early hours of this morning. Thanks for all the tips and pointers in the lead up - they were super informative"

"The midwife almost insisted that I join up – I'm so glad she did"

"What I liked most was the timeliness of the messages"

"You enter your baby's birth date when you sign up, and then the info you get is about what your baby is going through"

> "I work long hours so that reminder throughout the day at a random time to make you think of your baby and your partner is huge, really"

"The SMSs got me through some tough times"

"I felt more connected to my son because of SMS4dads"

Sign up
- it's free

SMS4dads.com

Join now and receive info and support straight to your phone







